

University of Pretoria Yearbook 2022

Nutrition 250 (VDG 250)

Qualification Undergraduate

Faculty of Natural and Agricultural Sciences

Module credits 12.00

NQF Level 06

Prerequisites Natural and Agricultural Sciences students: CMY 127; Health Sciences students:

second year status

Contact time 3 lectures per week, fortnightly practicals

Language of tuition Module is presented in English

Department Consumer and Food Sciences

Period of presentation Semester 1

Module content

Nutrition in the context of growth, development and composition of organisms. Metabolic processes and control in the body. Overview of nutritional processes. The study of the fundamental principles of nutrient metabolism (including macro- and micro-nutrients and water) and digestion physiology. Applications are made regarding man and animals.

Practical work: Experimental work and problem orientated tasks.

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